

San Bernardino County Women's Network

May 2003 Meeting - 5th Annual Training Day

Paper, Priorities, and Peace of Mind

***Note: New Location**

Wednesday, May 21, 2003

7:30 a.m. to 2 p.m.

Shandin Hills Country Club*

3380 North Little Mountain Road, San Bernardino



"Make each day useful and cheerful and prove that you know the worth of time by employing it well. Then youth will be happy, old age without regret and life a beautiful success."

Louisa May Alcott, 1832-1888, Author

Do you tend to lose sight of your priorities?

Are you getting bogged down with day-to-day things?

During this year's Annual Training Day, you will discover what has prevented you from being organized and walk away achieving greater mental, emotion, and spiritual balance from the tips provided.

Paper and Priorities

8:15 – 11:30 a.m.

Dolores Kaytes, President
Highly Organized, Inc.

Dolores Kaytes has an innate talent in an area many of us have difficulty with—clutter! Passionate about helping people to feel more in control of their lives, work, and offices, she will share ways to learn to let go, deal with clutter, achieve maximum productivity and efficiency, and live and work more efficiently with less effort. We will learn how to save time, energy, money, and space.

Buffet Lunch

11:30 a.m. – 1 p.m.

Peace of Mind

12 – 2 p.m.

Various presenters will share information on tai chi, physical fitness, complementary and alternative medicine, and more. After that, you can visit each presenter's display table, as well as network.

Cost

\$10 – Members (includes continental breakfast and lunch)

\$45 - Non-Members (includes continental breakfast, lunch, and CWN membership through June 2004)

Please RSVP by Monday, May 12, 2003, using the following link to our electronic registration site:

<http://countyline/countywomensnetwork/registration/default.asp>

For those of you without County Intranet access, you may RSVP by e-mail to darmstead@ecd.sbcounty.gov. For those without e-mail, call Dolores Armstead at (909) 388-0831.

Please send your check made payable to CWN no later than Wednesday, May 14, 2003, to:

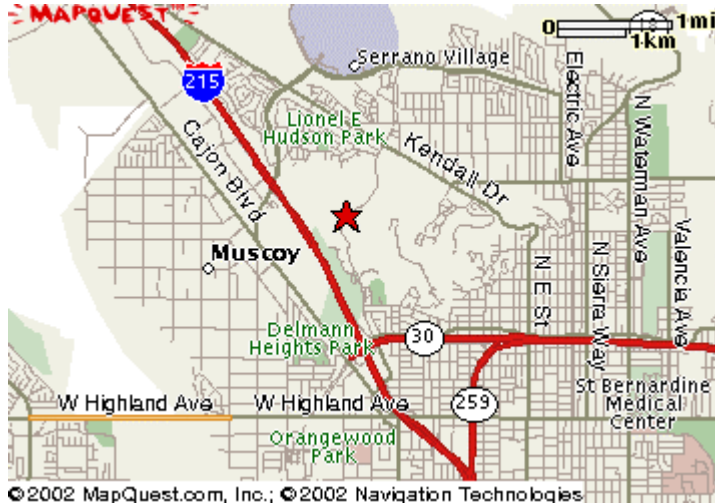
Dolores Armstead, Economic and Community Development
290 North "D" Street, Sixth Floor
San Bernardino, CA 92415-0040
(Interoffice Mail Code #0040)

Please note that your RSVP is not confirmed until your payment is received.

Please See Reverse

Schedule

- 7:30 – 8 a.m. Check In/Continental Breakfast
8 – 8:15 a.m. Welcome/Introduction – Dena Smith/Kim Hays
8:15 – 11:30 a.m. Paper and Priorities – Dolores Kaytes
11:30 a.m. – 1 p.m. Buffet Lunch
12 – 1 p.m. Peace of Mind – Various Presenters
1 – 2 p.m. Visit Display Tables/Networking Session
-



From 215 North

Exit Mt. Vernon/27th Street
Stay to far right and it becomes 27th Street
Turn left on Little Mountain and go 1 mile
Go past light
Turn left on Bond and turn into driveway

From 215 South

Exit Mt. Vernon/27th Street
At exit turn left and go over freeway
Street becomes 27th Street
Turn left on Little Mountain and go 1 mile
Go past light
Turn left on Bond and turn into driveway

From San Bernardino

North on E Street
E Street curves and becomes Kendall Drive
Stay on Kendall
Turn left on Little Mountain
Turn right on Bond Street and left into driveway

paper, Priorities, and
Peace of Mind



The County Administrative Office and the Board of Supervisors support the County Women's Network, the Mentoring Program, attendance at programs, and the use of MOU funds for dues.